

## INSTRUCTIONS – GENERAL INFORMATION

### Mastiha var. Chia Cutaneous Regenerative Gel Regenerative & Soothing Gel

**Ingredients:** 100% Freeze-dried Chios Mastiha resin, Pistacia Lentiscus (Mastic) Gum Water, Pistacia Lentiscus (Mastic) Gum 10%. **Excipients:** Aqua (Water), Glycerin, Maltodextrin, Acacia Gum, Xanthan Gum, Lecithin, Sclerotium Gum, Pullulan, Benzyl Alcohol, Sodium Benzoate, Disodium EDTA, Potassium Sorbate.

**Texture:** Gel.

**Composition:** Each ml of the gel contains 10% freeze-dried Chios Mastiha resin, Pistacia Lentiscus (Mastic) Gum.

**Packaging:** 30ml plastic tube.

**Produced & Packaged by:** Mastiha Research Center, Kallimasia, Chios 821 31, Greece.

**Authorization Holder:** Mediterra S.A., Kallimasia, Chios 821 31, Greece.

**Exclusive Distributor:** IASIS PHARMA S.A., Filis Ave. 137, Athens 134 51, Greece.  
T.: +30 2102311031.

### USEFULL INFORMATION FOR THE PRODUCT:

**General Information:** The active ingredient of the product is the innovative Chios Mastiha Resin, in high concentration. Chios Mastiha is characterized from the European Medicines Agency (EMA) as a traditional medicine of natural origin with strong antimicrobial and anti-inflammatory action.

**Mastiha var. Chia** Cutaneous Regenerative Gel, can be used for small inflammations of the skin and as an aid in the healing of small wounds.

#### USE:

- Apply evenly on irritated skin up to three times daily and leave on until fully absorbed and a mastiha resin film is formed.
- If the symptoms persist more than 1 week during the use of the product, consult a doctor or a health specialist.
- If you observe skin infection, you should consult a doctor or a health specialist.
- Do not apply the product on open wound.
- Suitable for face and body.
- Keep away from children.
- Store in a cool and dry place.

#### MASTIHA ACTION ON SKIN:

The adhesive properties of Chios Mastiha, as well as its beneficial action in wound healing and postoperative incisions have been identified, studied and documented in research and clinical studies.

The results of the relevant publications show that Chios Mastiha presents exceptional adhesive properties, when used on covering medium for wounds and incisions, while simultaneously contributes to the successful regeneration of the skin and wound healing. Moreover, does not have adverse side effects on the skin (redness, itchiness, dermatitis, discoloring of the skin etc), as do the commercial ingredients that are being used in healing. The natural resin of Chios Mastiha is being used very often as an ingredient in bandages, plasters, compresses etc, in wounds and postoperative incisions.

***In 2015 Chios Mastiha was officially recognized from the European Medicines Agency (EMA) as a Traditional Natural Medicine, with the indication: Skin Inflammation & Wound Healing (dermatological use).***

**Expiration Date:** Use the product until the expiration date mentioned on the packaging. For more information, visit our website: [www.gummastic.gr](http://www.gummastic.gr)

#### PUBLICATIONS:

1. European Medicines Agency. Committee on Herbal Medicinal Products (HMPC). EMA/HMPC/46758/2015.
2. Mikhail G.R., Selak L., Salo S. [1986]: Reinforcement of surgical adhesive strips. J Dermatol Surg Oncol., 12 (9): 904-905, 908.
3. Mikhail G.R., Selak L., Salo S., Balle M.R. [1989]: The efficacy of adhesives in the application of wound dressings. J Burn Care Rehabil., 10 (3): 216-219.
4. Lesesne C.B. [1992]: The postoperative use of wound adhesives. Gum mastic versus benzoin, USP. J Dermatol Surg Oncol., 18 (11):990.
5. Ali-Shtayeh M.S., Abu Ghdeib S.I. [1999]: Antifungal activity of plant extracts against dermatophytes. Mycoses, 42: 665-672.6. Protopapa E.E., Heliou A., Tsigonia A., Kefala V., Triantafyllou A., Tsaknis J. [2001]: The antiphlogistic action of the Chios mastic essential oil: Treatment of skin irritations resulting from hair epilation and peeling with lotions containing mastic essential oil. Epitheorese Klinikes Farmakologias kai Farmakokinetikes, International Edition, 16:203-205.