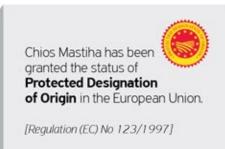
## Chios Mastiha

Chios Mastiha is a natural resin of the *Pistacia Lentiscus var. Chia*, a tree which grows only in the Aegean island of Chios, Greece. It is harvested in South Chios and is characterized from a traditional, labor-intensive way of production.





The unique beneficial and therapeutic properties of **Chios Mastiha** are recognised as early as 2,500 BC. Throughout the years, there are references from Herodotus, Dioscorides, but also by Galen, who in the 2nd century A.D. enthusiastically praises the healing and soothing properties

In more recent years, new clinical data emerge concerning the therapeutic effect of Mastiha in the digestive tract, and nowadays, its unique properties are confirmed and clinically documented by the international scientific community.

of Chios Mastiha, and recommends it in inflammations of the stomach, the intestine and the liver.

# International Health Claims



The European Medicines Agency (EMA) has as signed Chios Mastiha an EU Herbal Monograph as a TRADITIONAL HERBAL MEDICINE used for the symptomatic treatment of minor inflammations of the skin and mild dyspeptic disorders.



The European Food Safety Authority (EFSA) recognizes the following health claims for Chios Mastiha: ...contributes to a healthy gastrointestinal system... and ...has a beneficial effect on oral hygiene.

[Article 13.2, number 1314 @ 3082]

### PROPERTIES

Antioxidant, Antimicrobial, Anti-inflammatory.

## BENEFITS

Gastrointestinal system: Helicobacter pylori | Dyspepsia | Crohn's disease | Prevention of Ulcers | Heartburn Relief | Stomach & Digestive Pain Relief | Irritable bowel syndrome

Oral Hygiene: Antimicrobial Action | Gingivitis | Antiplaque Effects | Prevention of Caries | Xerostomia



# mastiha var. Chia

# CHIOS MASTIHA POWDER for oral solution

15-DAY NATURAL SOLUTION 15 Sachets (15 X 2.7g)

INGREDIENTS: Chios Mastiha 40%. Maltodextrin, Acacia Gum. Each sachet contains 1080mg of Chios mastiha.

Daily consumption: 1 sachet

Suggested use:

consume with water, juice or yogurt, 30 minutes before your meal.

Greek product, Gluten-& Lactose-free

Free from preservatives & artificial colourants and fragrances

# Chios mastiha

Chios mastiha contributes to a healthy gastrointestinal system and offers natural care for bowel and stomach disorders or problems. Relieves heartburn, bloating, acid reflux and indigestion. Suitable for the whole family. For use by children or pregnant women,

mastiha var. Chia

2.70 C 0.095 oz

mastiha var. Chia

49.5g @ 1.43az

consult your doctor or pharmacist. Chios mastina powder for oral solution in sachets, is the natural practical solution for gastrointestinal health.

CONTACT DETAILS: Produced and Packaged by:

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